



## CHIDANANDA

Mano buddhya hankara chita ni naham  
Nacha shotra jihve na cha ghrana netre  
Nacha vyoma bhoomir na tejo na vayu  
Chidananda rupah shivoham shivoham

Na cha prana sangno na vai pancha vayu  
Na va sapta dhatu na va pancha kosha  
Na vak pani padam na chopastha payu  
Chidananda rupah shivoham shivoham

Na me dvesha ragau na me lobha mohau  
Mado naiva me naiva matsarya bhava  
Na dharmo na chartha na kamo na moksha  
Chidananda rupah shivoham shivoham

Na punyam na papam na saukhyam na  
dukham  
Na mantram na tirtham na veda na yagnaha  
Aham bhojanam naiva bhojyam na bhokta  
Chidananda rupah shivoham shivoham

Na me mrityu shanka na me jati bheda  
Pita naiva me naiva mata na janma  
Na bandhur na mitram gurunaiva shishya  
Chidananda rupah shivoham shivoham

Aham nirvikalpo nirakara rupo  
Vibhura vyapya sarvatra sarvendriyanam  
Sada me samatvam na muktir na bandhah  
Chidananda rupah shivoham shivoham

I am not the mind, intellect, ego nor  
memory.  
I am not the ears, tongue, nose or eyes.  
I am not the five elements: space, earth,  
fire, wind or water.  
I am eternal bliss, I am Shiva,  
I am consciousness.

I am not prana, nor the five vital airs, nor  
the seven materials, nor the five sheaths of  
the body.  
I am not the organ of speech, nor hand, nor  
leg nor the organs of procreation or  
elimination.  
I am eternal bliss, I am Shiva,  
I am consciousness.

I have no envy, anger, nor craving nor  
attraction.  
I have no arrogance nor pride nor religion,  
nor lust nor desire for wealth or liberation.  
I am eternal bliss, I am Shiva,  
I am consciousness.

I have neither virtue, nor vice, neither  
pleasure nor sorrow.  
I do not need mantra, nor pilgrimages,  
scriptures, rituals or sacrifices.  
I am neither food, nor the one who  
consumes, or what is consumed.  
I am eternal bliss, I am Shiva,  
I am consciousness.

I have no fear of death, nor doubt, nor  
discrimination of cast.  
I have no father nor mother or birth  
because I was never born.  
I have no brother, nor friend, nor guru, nor  
am I an aspirant.  
I am eternal bliss, I am Shiva,  
I am consciousness.

I am beyond form and beyond all dualities.  
I am all-pervading in all the senses.  
I see oneness in all things, I am neither  
liberated nor in bondage.  
I am eternal bliss, I am Shiva,  
I am consciousness.

