

Soul In Wonder

SHAMNO MITRA

Shamno mitra, sham varuna,
Shamno bhaved varyamam
Shamna indro bhrahaspati,
Shamno vishnu uru kramah Namoh
brahmane, namaste vayo
Tvameva pratyaksham brahmasi
Tvameva pratyaksham brahma
Vadisyami
Ritam vadisyami, satyam vadisyami
Tan mamavatu, tad vaktaram avatu
Avatu mam, avatu vaktaram
Om shanti shanti shantih

May the sun god Mitra, Varuna, Aryamaa, Indra, Brahaspati and the all pervading Maha Vishnu and all the devatas shower their blessings upon us. Salutations to Brahma. Salutations to Vaayu. You are the personification of Brahma. Salutations to Brahma. I shall always abide by dharma (righteousness). I shall always speak the truth. May that protect us all.

Om peace, peace, peace.



YOU GOTTA MOVE

G
you may be
rich you may
be poor
C
may be at peace
you may be at
war
G D
but when the lord gets ready
G
you gotta move

you may sing
mantras you may
sing the blues you
may tell yourself
you got something to lose
but when the lord gets
ready you gotta move

you gotta
move you
gotta move
you gotta move, child,
you gotta move
and when the lord gets
ready you gotta move

(Fred McDowell/Rev. Gary Davis)



THROUGH THE EYES OF AN ANGEL

moonlight streaming through this
temple door
i'm seeing myself like i never did
before
seeing myself through the eyes of an
angel

twilight on the mighty ganga
wood smoke in the air
somewhere in the distance
i could hear the gayatri mantra
and i know love is the only prayer

through the eyes of an angel
through the eyes of the blessed one
through the eyes of an angel
here i stand naked in the morning sun
blessing the earth i stand upon
watching the holy river run completing
the things i left undone and i fly....

there's a pilgrim beneath the
ancient banyan tree
is that somebody else or is it me?
somebody living the mystery
we're all living the mystery...

through the eyes of an angel
through the eyes of the blessed one

here we stand naked in the
morning sun
watching the holy river run blessing
the earth we stand upon and i turn
and face the man i have become
and i fly....

(Miten)



TWEMEVA

Twameva maataa cha pitaa
twameva,
Twameva bandhush cha sakhaa
twameva,
Twameva vidyaa dravinam twameva,
Twameva sarvam mama deva deva.

**Oh beloved! You are mother and
father.
You are friend and companion.
You are riches, you are wisdom.
You are the eternal divine guide.**



HUMANIVERSAL

ever been lonely?
ever felt out of place?
ever cried yourself to sleep at
night, praying for descending
grace?
ever danced alone in the
moonlight?
dancing like there's nobody there
the whole world could be looking
on, but you don't care.

humaniversal
we're all reaching for the stars in the
sky
humaniversal - you and i

ever been to india?
seen the world from ground zero
13 year old mother with a baby in her
arms

knocking on your taxi window
lights change, you leave her
standing in the road
still her eyes come back to haunt
you
wherever you go.

humaniversal
we can all hear her baby cry
humaniversal - you and i

and after all it's only life
we come and go in the wink of an
eye

we say hello
we say goodbye
that's all

what about the dalai lama
what about that smile
simple monk from the roof of the
world
living in exile
and he can't go back and he can't
go home
what does that say to you and me?
he speaks with love and compassion
even towards his enemy.

humaniversal
say a prayer for his people when
you're driving home tonight
humaniversal
say a prayer for him when you turn
out the light...
tonight.
(Miten)



INARTICULATE SPEECH OF THE HEART

inarticulate speech
inarticulate speech of the heart
i'm a soul in wonder i'm
just wild about it
i can't live without it
(Van Morrison)



AWAKENING

we are awakening
to the calling of the mystic we
are awakening
in the flowering of the heart
everybody here melting into
presence, overflowing
effervescence
rising in love

om shanti
satchidananda om
shanti om

we are awakening
to a long forgotten memory
dawn is breaking
waves are coming in
everybody here
standing in wonder
beneath the rain and the thunder
rising in love

we are awakening
to this perfect imperfection
celebrating in the oneness of it all
everybody here
part of each other
sister and brother
rising in love

Sat - truth

Chid - consciousness

Ananda - bliss

(Miten)



FREE SPIRIT/Ashes To Ashes

spirit of the river i can hear you
i feel as if i'm deep inside your
song

i see you laughing
intoxicated, dancing
will you carry me with you when i'm
gone?

spirit of the forest i can hear you i
travelled far to be among your kind
and you teach me how to live among
your people
i'm so far from the world i left
behind

ashes to ashes
sermons in stone
oh how time passes
we're here and then we're gone
and all that remains
when we're free of our chains
is the love we shared

mother earth
what can i give back to you
as you carry me, carry me to my
rest
i bow to the turning of your
seasons
as i lay my head upon your breast
(Miten)



LOKAH SAMASTA

(capo on 4th fret)

Am Em
Lokah samasta

C G-Em Am
sukhino bhavantu (2x)

Am G
Lokah samasta
Em F
sukhino bhavantu

Am Em
Lokah samasta

C G-Em Am
sukhino bhavantu

F G D
Om shanti, shanti

F G D Em - Am
Om shanti, shanti, shantihi

**May all beings everywhere be
happy and free.
May all my thoughts, words and
actions contribute in some way to
the happiness of all beings.**

(Michael Done)



CALMA E TRANQUILIDADE

calma e tranquilidade sao as ordems do
senhor

calma e tranquiladade para receber o
amor

**This inner silence is the doorway to
love - and love is the door to
eternity and tranquility.**

**In this, we are one with all.
Calmness and tranquility are the
keys that open these doors.**

(Carioca De Freitas)



FLY HIGH

G Em
fly fly high
Am7 - C
let the earth
D
touch the sky

om shree rama
jaya rama
jaya jaya rama

(Peter Makena/Martyn Phillips)

