



# The Art of Healing

**DEVA  
PREMAL  
& MITEN**

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**building community using  
ABORIGINAL LAW**

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**SLEEP FEATURE**

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# music profile

## The Gayatri Mantra

*Om bhur bhuvah svah  
Tat savitur varenyam  
Bhargo devasya dhimahi  
Dhiyo yonah prachodayat*

The Gayatri Mantra appears in the Rig Veda in a form of twenty-four Sanskrit syllables. Called the "Master Mantra" and the "Mother of the Vedas," it also contains all powers of all mantras as well as all knowledge. Its primary application is for illumination of the intellect which can, when enlightened, contain immeasurable knowledge and a vast understanding of spiritual power. Those who have attained the full fruit of this mantra are in the company of the highest beings in the universe.

The Gayatri Mantra  
(Wolfgang, 1964)

The Gayatri mantra is the oldest and most powerful of all mantras. Its quality is to purify not only the singer, but also the listener, creating a tangible sense of wellbeing in whoever is exposed to it. Translated, it means: May all beings on earth attain Enlightenment, but as with all mantras, the meaning of the Sanskrit is not as important as the effect the vibrations of it have on the body and energy centres.

Miten recalls when Premal sang the Gayatri Mantra for The Essence CD. "We actually recorded this album in my mother's apartment – the same one in

*"Our music is born out of meditation and a celebration of life. It's not a matter of entertaining people. We play to nourish a longing in the heart for that which never dies – the experience of love and meditation."*

Miten

which I was born – where my parents had sung those mantras to me all those years before. It was Winter time, and I remember when Premal finished singing the Gayatri Mantra there being such a beautiful silence in the room. And since that day I feel Premal's voice has been graced by God. It's much more than mere technique. We all had goose bumps listening to her sing."

"What I admire about Premal most is that she has no ego around her music" he continues. "That's what really touches me – the lack of ego. She comes from such a deep, silent place inside, with the ability to access an expression of deep devotion, which we all recognize in ourselves, but may have difficulty articulating".

Says Premal "It's like we've been given a beautiful plant to take care of, and we just do our best to make sure it's happy; we water it, and then we celebrate it as it grows".

*"I wake every morning  
feeling like I'm living in a  
miracle – where spirituality,  
creativity, work, and love,  
have all come to mean the  
same thing. My life has been  
shaped by mantra: I have  
become their servant."*

Deva Premal

*"The word mantra is untranslatable in English, in any Western language, but its meaning, its significance, can be explained to you. A mantra is not just something to chant. It is not chanting. A mantra is something to let sink deep in your being, just as roots go deep into the earth. The deeper the roots go into the earth, the higher the tree will go into the sky."*

-OSHO-

"Om mani padme hum"



## Deva Premal & Miten

Deva Premal and Miten's music is an invitation into the nature of love, devotion, and consciousness, and an expression of spiritual devotion, through song and chant. Deva and Miten have been living and playing together since 1991, first meeting in India where their music arose from the shared love of their Guru Osho. Through their experience of meditation in the ashram and encouraged by Miten, Premal began singing harmony with him. Later she found her true expression through the rediscovery of the mantras she'd chanted as a child with her father in Germany, which included The Gayatri Mantra.

Premal's albums, 'The Essence', 'Love Is Space', and 'Embrace' have topped New Age charts and popularity polls in yoga studios and healing centers throughout the world. Her latest album 'Dakshina' leapt to No. 1 in the Amazon New Age charts on the first day of its release and – unheard of for a chant album – soared to No. 13 in the mainstream chart.

Miten, originally from England, was a singer-songwriter in the 70s, opening for such groups as Fleetwood Mac, Lou Reed and Ry Cooder. He later discovered the power of meditation and left the world of rock 'n' roll behind. Miten's focus on the spiritual path is reflected in his meditative, joyful and often sensual songs featured on his CDs. 'Strength Of A Rose', 'Dance Of Life', 'Blown Away' and 'Songs For The Inner Lover'.