

Music & Lifestyle Magazine

Issue 1 FREE

Your
Winter
Makeovers for the
Mind,Body
Solution



### Satsang

- Deva Premal & Miten

DP472

Satsang is becoming an increasingly popular form of meditation, because anyone can do it. All you need to do is be able to sit with your eyes closed and sing along! This unique meditation in song and silence is an hour in which Deva Premal and Miten share their music and invite the listener to join in chant and song, sitting with their eyes closed during the meditation and allowing

the music to enhance the silence. There are extended spaces between the pieces, giving the meditator the opportunity to relax into stillness and to celebrate the sacred space of silence. Features live versions of old and new songs.



## **Embrace**

- Deva Premal DP442

Even the Dalai Lama has been seduced by the fabulous Deva Premal, and has specially invited her to sing his favourite chants for him in person. Some of these can be found on Embrace such as "Om Tare Tutare" (for the Goddess of Compassion) and "Teyata" (Tibetan chant to invoke the Medicine Buddha). Her gorgeous voice, richer and more assured than ever before, floats above a

cool, sensual groove provided by some of today's finest world fusion artists.



# Love is Space

- Deva Premal

DP422



All I can say is that you will love this! Premal chose the title LOVE IS SPACE - also her personal mantra - to remind us that love has no barriers or boundaries. In expressing the essence of love, devotion and wisdom, Premal has drawn upon traditional songs from India to Tibet to tribal Nigeria including "Om Mani Padme

Hum", a Tibetan mantra, that progresses with passionate joy and "Idé Weré Weré" from the Yoruba people of Nigeria which is dedicated to Ochun, the goddess of love.

# Seduced by Deva

# The Essence

- Deva Premal DP400

Cher insists on doing her yoga practice to this album. I myself insist on going for my daily walk with a set of headphones and Deva Premal singing the Gayatri mantra to me as I welcome

the new day and greet the morning sun. And what a wonderful way to wake up! The beautiful sanskrit mantras on The Essence bring the divine to life and the voice of Deva Premal inspires and uplifts the heart. You will just feel wonderful.

